



MY DAILY ROUTINE



Small steps every day lead to big success! ❤️



Name: _____

Week of: _____

MY DAILY ROUTINE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
 I woke up on time	☐	☐	☐	☐	☐	☐	☐
 I brushed my teeth	☐	☐	☐	☐	☐	☐	☐
 I ate a healthy breakfast	☐	☐	☐	☐	☐	☐	☐
 I got ready for school	☐	☐	☐	☐	☐	☐	☐
 I focused in my studies	☐	☐	☐	☐	☐	☐	☐
 I played / was active	☐	☐	☐	☐	☐	☐	☐
 I read a book	☐	☐	☐	☐	☐	☐	☐
 I went to bed on time	☐	☐	☐	☐	☐	☐	☐



My goal this week: _____

❤️ Be proud of yourself! You are doing great! ❤️

