



NEET PREPARATION TRACKER

PLAN CONSISTENTLY • STUDY SMART • STAY FOCUSED • CRACK NEET



STUDENT NAME : _____

ROLL NUMBER : _____

TARGET NEET YEAR : _____

START DATE : _____

DAYS LEFT FOR NEET : _____

TARGET SCORE : _____ / 720

SYLLABUS & TOPIC COVERAGE TRACKER						
		TOTAL TOPICS	TOPICS COMPLETED	% COMPLETION	REVISION 1 (✓)	REVISION 2 (✓)
PHYSICS	Class 11				☐	☐
	Class 12				☐	☐
	NCERT Line by Line				☐	☐
	PYQs				☐	☐
CHEMISTRY	Class 11				☐	☐
	Class 12				☐	☐
	NCERT Line by Line				☐	☐
	PYQs				☐	☐
BOTANY	Class 11				☐	☐
	Class 12				☐	☐
	NCERT Line by Line				☐	☐
	PYQs				☐	☐
ZOOLOGY	Class 11				☐	☐
	Class 12				☐	☐
	NCERT Line by Line				☐	☐
	PYQs				☐	☐

% COMPLETION = (TOPICS COMPLETED / TOTAL TOPICS) × 100

DAILY STUDY PLAN			
DATE : _____		DAY : _____	
TIME	SUBJECT	TOPIC / CHAPTER	STUDY HOURS
6 AM – 8 AM			
8 AM – 10 AM			
10 AM – 12 PM			
12 PM – 2 PM			
2 PM – 4 PM			
4 PM – 6 PM			
6 PM – 8 PM			
8 PM – 10 PM			
10 PM – 11 PM			
TOTAL STUDY HOURS			

TEST TRACKER (NCERT + PYQs + MINI TESTS)						
TYPE OF TEST	SUBJECT	TOPIC / CHAPTER	DATE	SCORE (/)	ACCURACY (%)	MISTAKES REVIEWED
NCERT	Physics					☐
	Chemistry					☐
	Botany					☐
	Zoology					☐
PYQs	Physics					☐
	Chemistry					☐
	Botany					☐
	Zoology					☐
MINI TEST	Physics					☐
	Chemistry					☐
	Botany					☐
	Zoology					☐

MOCK TEST TRACKER					
TEST NO.	DATE	SCORE (/ 720)	PERCENTILE	RANK (APPROX.)	ANALYSIS DONE
Mock Test 1					☐
Mock Test 2					☐
Mock Test 3					☐
Mock Test 4					☐
Mock Test 5					☐
Mock Test 6					☐
Mock Test 7					☐
Mock Test 8					☐
Mock Test 9					☐
Mock Test 10					☐
Mock Test 11					☐
Mock Test 12					☐

REVISION CHECKLIST	MON	TUE	WED	THU	FRI	SAT	SUN
☐ Revise Class 11 Notes	☐	☐	☐	☐	☐	☐	☐
☐ Revise Class 12 Notes	☐	☐	☐	☐	☐	☐	☐
☐ Complete NCERT Line by Line	☐	☐	☐	☐	☐	☐	☐
☐ Revise Formulae & Reactions	☐	☐	☐	☐	☐	☐	☐
☐ Revise Diagrams & Flowcharts	☐	☐	☐	☐	☐	☐	☐
☐ Revise PYQs Mistakes	☐	☐	☐	☐	☐	☐	☐
☐ Give Full Length Mock Tests	☐	☐	☐	☐	☐	☐	☐
☐ Analyze & Improve Weak Areas	☐	☐	☐	☐	☐	☐	☐

PERFORMANCE OVERVIEW					
SUBJECT	SYLLABUS COVERAGE (%)	AVERAGE SCORE (%)	ACCURACY (%)	STRONG TOPICS	WEAK TOPICS
PHYSICS					
CHEMISTRY					
BOTANY					
ZOOLOGY					
OVERALL					

SELF-REVIEW (DAILY)

How was my study today?

☆☆☆☆

How well did I focus?

☆☆☆☆

Did I complete my targets?

☆☆☆☆

How productive was I?

☆☆☆☆

What can I improve tomorrow?

IMPORTANT REMINDERS

☐ Believe in yourself

☐ Consistency is the key

☐ NCERT is must

☐ Practice more, Score more

☐ Analyze, Learn, Improve

☐ Stay healthy & take breaks

YOU CAN DO IT!

NOTES



TODAY'S DISCIPLINE + SMART WORK + CONSISTENCY = NEET SUCCESS
Stay Focused. Stay Positive. Good Luck!

