



JEE

EXAM PREPARATION TRACKER

FOCUS • PLAN • STUDY • ACHIEVE



MY TARGET

Target JEE Attempt: _____

Target Rank: _____

Target Score / Percentile: _____

Exam Date: _____

“The best preparation for tomorrow is doing your best today.”



WEEKLY FOCUS

This Week's Top 3 Goals

1. _____
2. _____
3. _____

I will focus on:

- ☐ Concept Clarity
- ☐ Practice Problems
- ☐ Mock Tests
- ☐ Revision & Notes



DAILY PLAN

Date: _____ Day: _____

Time Block	Plan (Subject / Topic)
6 AM – 9 AM	
9 AM – 12 PM	
12 PM – 2 PM	
2 PM – 5 PM	
5 PM – 8 PM	
8 PM – 10 PM	
10 PM – 11 PM	

SUBJECT-WISE PROGRESS

SUBJECT	SYLLABUS / TOPICS	TOTAL TOPICS	COMPLETED TOPICS	% COMPLETED	REMARKS
PHYSICS					
CHEMISTRY					
MATHEMATICS					



STUDY HOURS TRACKER

DAY	PHYSICS	CHEMISTRY	MATHEMATICS	TOTAL
MON				
TUE				
WED				
THU				
FRI				
SAT				
SUN				
TOTAL				



WEEKLY REVIEW

What went well this week?

What can be improved?

Key learnings / Takeaways



MOCK TEST TRACKER

TEST NO.	DATE	SCORE (/300)	PERCENTILE	ANALYSIS
1				
2				
3				
4				
5				
6				



IMPORTANT FORMULAS / CONCEPTS

- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____



DAILY REMINDER

- ☐ Did I study with focus today?
- ☐ Did I solve enough problems?
- ☐ Did I revise what I studied?
- ☐ Did I give my best?
- ☐ Am I one step closer to my goal?

DON'T STOP
WHEN YOU'RE
TIRED.
STOP WHEN YOU'RE
DONE.



DISCIPLINE TODAY, SUCCESS TOMORROW.

