



TEST PREPARATION — TRACKER —

PLAN. PREPARE. PERFORM. SUCCEED.



NAME: _____

COURSE / PROGRAM: _____

SEMESTER: _____

TEST / EXAM: _____

DATE: ____ / ____ / ____

EXAM DATE: ____ / ____ / ____



TOPIC / CHAPTER 	KEY CONCEPTS TO STUDY	STUDY PLAN (What & How)	RESOURCE (Notes / Book / Lectures)	TARGET DATE	PLANNED TIME (HRS)	ACTUAL TIME (HRS)	COMPLETED ✓
1.				__ / __ / __	__ h __ m	__ h __ m	☐
2.				__ / __ / __	__ h __ m	__ h __ m	☐
3.				__ / __ / __	__ h __ m	__ h __ m	☐
4.				__ / __ / __	__ h __ m	__ h __ m	☐
5.				__ / __ / __	__ h __ m	__ h __ m	☐
6.				__ / __ / __	__ h __ m	__ h __ m	☐
7.				__ / __ / __	__ h __ m	__ h __ m	☐
8.				__ / __ / __	__ h __ m	__ h __ m	☐
9.				__ / __ / __	__ h __ m	__ h __ m	☐
10.				__ / __ / __	__ h __ m	__ h __ m	☐
11.				__ / __ / __	__ h __ m	__ h __ m	☐
12.				__ / __ / __	__ h __ m	__ h __ m	☐
TOTAL STUDY TIME					__ h __ m	__ h __ m	

STUDY GOALS

- ☐ Understand all key concepts
- ☐ Complete practice questions
- ☐ Review and summarize notes
- ☐ Improve weak areas
- ☐ Perform my best!

MY TARGET SCORE / GRADE: _____

WEEKLY STUDY PLAN

DAY	PLANNED STUDY TIME (HRS)
MON	__ h __ m
TUE	__ h __ m
WED	__ h __ m
THU	__ h __ m
FRI	__ h __ m
SAT	__ h __ m
SUN	__ h __ m

DAILY CHECKLIST

- ☐ Reviewed lecture notes
- ☐ Studied key concepts
- ☐ Solved practice questions
- ☐ Analyzed mistakes
- ☐ Revised important topics
- ☐ Took short breaks
- ☐ Stayed focused
- ☐ Got enough sleep

PROGRESS TRACKER

How prepared do I feel?

1

2

3

4

5

1 = Not ready

5 = Very ready

NOTES / IMPORTANT REMINDERS



DISCIPLINE TODAY, SUCCESS TOMORROW.

Keep going. You've got this!

