FOOTBALL CLASS LOG

LEARN • PRACTICE • PLAY • IMPROVE

Student Name: _____ Academic Year: _____

Class / Grade: _____ Teacher / Coach: _____

Position (Preferred): _____ Date Started: _____

DATE (DD/MM/YYYY)	SESSION TOPIC / FOCUS (e.g., Passing, Dribbling, Shooting, Tactics)	ACTIVITIES / DRILLS COVERED	SKILLS PRACTICED	DURATION (Minutes)	EFFORT & ATTITUDE (1–5)	TEACHER / COACH COMMENTS	HOME PRACTICE / NEXT STEPS

STUDENT REFLECTION

What did I learn this month?

What was challenging?

What did I do well?

What are my goals for next month?

TEACHER / COACH FEEDBACK

Overall Progress:

☐ Excellent ☐ Good ☐ Satisfactory ☐ Needs Improvement

Strengths: _____

Areas to Improve: _____

Coach Signature: _____

Date: _____

ATTENDANCE

Total Classes: _____

Classes Attended: _____

Classes Missed: _____

Attendance %:

_____ %

PERFORMANCE TRACKER

MONTH	SKILL AREAS (Rate 1–5)					OVERALL (1–5)	TEACHER / COACH REMARKS
	TECHNIQUE	TACTICS	FITNESS	TEAMWORK	GAME AWARENESS		
Month 1							
Month 2							
Month 3							
Month 4							
Month 5							
Month 6							

TEAMWORK MAKES THE DREAM WORK