



HABIT TRACKER

FOR STUDENTS

Small habits today, big success tomorrow! ✨



MONTH: _____

GOAL THIS MONTH: _____

HABITS	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
 Study Consistently																															
 Complete Assignments on Time																															
 Focus in Class																															
 Read Daily																															
 Drink Water																															
 Exercise / Stay Active																															
 Get Enough Sleep																															
 No Phone During Study																															

 **NOTES**



WEEKLY REFLECTION					
Week 1	☆	☆	☆	☆	☆
Week 2	☆	☆	☆	☆	☆
Week 3	☆	☆	☆	☆	☆
Week 4	☆	☆	☆	☆	☆
Week 5	☆	☆	☆	☆	☆

REMEMBER



Progress, not perfection.
Keep showing up for
your future self!





You've got this! ❤️