



PEN OR PENCIL

For writing your ideas, thoughts, and plans.



ERASER

It's okay to make mistakes. Learn, adjust, and keep going.



HIGHLIGHTER

To highlight what matters most.



NOTEBOOK

For notes, ideas, to-do lists, and big dreams.



STICKY NOTES

For reminders, important things, and bright ideas.



WATER BOTTLE

Stay hydrated, stay healthy, stay focused!



SNACK

Fuel your body and brain to power through your day.



HEADPHONES

For focus, quiet time, or your favorite music.



POSITIVE MINDSET

Believe in yourself. You are capable of amazing things!



CONFIDENCE

You've got what it takes. Keep showing up for you!



TIPS FOR SUCCESS



PLAN AHEAD



MANAGE YOUR TIME



SET GOALS & STAY FOCUSED



ASK FOR HELP WHEN NEEDED



TAKE BREAKS & CARE FOR YOU

One day or day one. You decide.