



STUDENT

Progress Tracker



NAME: _____



COURSE: _____



SEMESTER: _____

SKILLS / TASKS	WEEK 1	WEEK 2	WEEK 3	WEEK 4	WEEK 5	GOAL
 Lecture Attendance Attend and engage in all classes	☆☆☆☆☆	☆☆☆☆☆	☆☆☆☆☆	☆☆☆☆☆	☆☆☆☆☆	☐
 Assignments Submit on time with quality	☆☆☆☆☆	☆☆☆☆☆	☆☆☆☆☆	☆☆☆☆☆	☆☆☆☆☆	☐
 Study & Preparation Stay consistent and prepared	☆☆☆☆☆	☆☆☆☆☆	☆☆☆☆☆	☆☆☆☆☆	☆☆☆☆☆	☐
 Exams & Quizzes Score well and improve	☆☆☆☆☆	☆☆☆☆☆	☆☆☆☆☆	☆☆☆☆☆	☆☆☆☆☆	☐
 Participation Contribute to discussions	☆☆☆☆☆	☆☆☆☆☆	☆☆☆☆☆	☆☆☆☆☆	☆☆☆☆☆	☐
 Critical Thinking Analyze, evaluate and apply	☆☆☆☆☆	☆☆☆☆☆	☆☆☆☆☆	☆☆☆☆☆	☆☆☆☆☆	☐
 Time Management Plan, prioritize and meet deadlines	☆☆☆☆☆	☆☆☆☆☆	☆☆☆☆☆	☆☆☆☆☆	☆☆☆☆☆	☐
 Well-being Stay healthy and manage stress	☆☆☆☆☆	☆☆☆☆☆	☆☆☆☆☆	☆☆☆☆☆	☆☆☆☆☆	☐
 Goals & Growth Set goals and track progress	☆☆☆☆☆	☆☆☆☆☆	☆☆☆☆☆	☆☆☆☆☆	☆☆☆☆☆	☐



NOTES / NEXT STEPS

- _____
- _____
- _____
- _____



OVERALL PROGRESS



“Discipline today,
success tomorrow.”



STAY FOCUSED



STAY CONSISTENT



ACHIEVE GREATNESS