



STUDY ORGANIZER

Plan smart. Stay focused. Do your best!

Small steps every day lead to big results!



1 MY GOALS

I want to:

- ★ _____
- ★ _____
- ★ _____

Don't stop when it's hard.
Stop when you're done.



THIS WEEK'S PRIORITIES

- 1 _____
- 2 _____
- 3 _____
- 4 _____
- 5 _____

ASSIGNMENTS / EXAMS

Task / Subject	Due Date	Priority (H/M/L)
☐		
☐		
☐		
☐		
☐		
☐		

I CAN ASK

People who can help me:

- ♥ _____
- ♥ _____
- ♥ _____

It's okay to ask for help!



WEEKLY STUDY PLAN

Week of: _____

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
After school / 4:00 - 5:00 PM							
5:00 - 6:00 PM							
6:00 - 7:00 PM							
7:00 - 8:00 PM							
8:00 - 9:00 PM							
9:00 - 10:00 PM							

SUBJECTS

- _____
- _____
- _____
- _____
- _____
- _____

Stay organized, stay ahead!



STUDY STRATEGIES

- ☐ Active Reading
- ☐ Take Notes
- ☐ Summarize
- ☐ Practice Questions
- ☐ Flashcards
- ☐ Teach Someone
- ☐ Past Papers / Review
- ☐ Other: _____



STUDY SESSION PLANNER

Subject / Topic: _____
Goal for this session: _____
Start Time: _____
End Time: _____

Plan for this session:

- _____
- _____
- _____



POMODORO TRACKER

Session	Focus (25 min)	Break (5 min)
1	☐	☐
2	☐	☐
3	☐	☐
4	☐	☐
5	☐	☐
6	☐	☐



DISTRACTION CHECK

Things that distract me:

- _____
- _____
- _____

How I will stay focused:

- _____
- _____
- _____

Focus on progress, not perfection.



PROGRESS TRACKER

Rate your progress this week:

Understanding	1	2	3	4	5
Effort	1	2	3	4	5
Time Management	1	2	3	4	5
Focus	1	2	3	4	5
Overall	1	2	3	4	5

1 = Needs Work 3 = Okay 5 = Excellent



NOTES

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WEEKLY REVIEW

What went well this week? _____

What can I improve? _____

What will I do next week? _____

Review. Reflect. Improve. Repeat.



REMEMBER!



Plan ahead and be prepared.



Set goals and stay consistent.



Use your time wisely.



Celebrate small victories.



Believe in yourself!