



TIME FOR Study Planner

Plan Your Time • Focus Your Mind • Achieve Your Goals



DATE : ____ / ____ / ____



TODAY'S GOAL : _____



SUBJECT FOCUS : _____



MOTIVATION FOR TODAY : _____



TOP PRIORITIES

- _____ ☐
- _____ ☐
- _____ ☐



SUBJECTS TO STUDY

- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____



STUDY TOOLS / RESOURCES

- ☐ _____
- ☐ _____
- ☐ _____

STUDY TIMETABLE

TIME	MON	TUE	WED	THU	FRI	SAT	SUN
5:00 - 6:00 AM							
6:00 - 7:00 AM							
7:00 - 8:00 AM							
8:00 - 9:00 AM							
9:00 - 10:00 AM							
10:00 - 11:00 AM							
11:00 AM - 12:00 PM							
12:00 - 1:00 PM							
1:00 - 2:00 PM							
2:00 - 3:00 PM							
3:00 - 4:00 PM							
4:00 - 5:00 PM							
5:00 - 6:00 PM							
6:00 - 7:00 PM							
7:00 - 8:00 PM							
8:00 - 9:00 PM							
9:00 - 10:00 PM							
10:00 - 11:00 PM							



STUDY PLAN CHECKLIST

- ☐ Understand Topics
- ☐ Make Notes
- ☐ Solve Questions
- ☐ Revise & Recall
- ☐ Practice Tests
- ☐ Previous Year Papers



POMODORO TRACKER

Today's Focus Sessions



WATER TRACKER

Drink More Water



SLEEP TRACKER

Hours of Sleep



REVISION PLAN

- What will I revise today? _____
- When will I revise? _____



NOTES



END OF THE DAY REVIEW

What went well today? _____

What can I improve? _____

Did I achieve my goal? ☐ Yes ☐ Partially ☐ No

Tomorrow I will _____



Stay Focused



Stay Consistent



Believe in Yourself



Make it Happen!

Small steps every day
lead to big results.