



# STUDY PLANNER

Plan Today, Achieve Tomorrow



DATE : \_\_\_\_ / \_\_\_\_ / \_\_\_\_

DAY : \_\_\_\_\_

STUDY GOAL : \_\_\_\_\_

FOCUS AREA / SUBJECT : \_\_\_\_\_

## TOP PRIORITIES

1. \_\_\_\_\_ ☐
2. \_\_\_\_\_ ☐
3. \_\_\_\_\_ ☐

## SUBJECTS TO STUDY

- ☐ \_\_\_\_\_
- ☐ \_\_\_\_\_
- ☐ \_\_\_\_\_
- ☐ \_\_\_\_\_
- ☐ \_\_\_\_\_

## STUDY SESSION PLAN

| TIME | SUBJECT / TOPIC | DURATION |
|------|-----------------|----------|
|      |                 |          |
|      |                 |          |
|      |                 |          |

## STUDY SCHEDULE

| TIME             | TASK / TOPIC TO STUDY | ✓ |
|------------------|-----------------------|---|
| 6:00 – 7:00 AM   |                       |   |
| 7:00 – 8:00 AM   |                       |   |
| 8:00 – 9:00 AM   |                       |   |
| 9:00 – 10:00 AM  |                       |   |
| 10:00 – 11:00 AM |                       |   |
| 11:00 – 12:00 PM |                       |   |
| 12:00 – 1:00 PM  |                       |   |
| 1:00 – 2:00 PM   |                       |   |
| 2:00 – 3:00 PM   |                       |   |
| 3:00 – 4:00 PM   |                       |   |
| 4:00 – 5:00 PM   |                       |   |
| 5:00 – 6:00 PM   |                       |   |
| 6:00 – 7:00 PM   |                       |   |
| 7:00 – 8:00 PM   |                       |   |
| 8:00 – 9:00 PM   |                       |   |
| 9:00 – 10:00 PM  |                       |   |

## TO DO CHECKLIST

- ☐ \_\_\_\_\_
- ☐ \_\_\_\_\_
- ☐ \_\_\_\_\_
- ☐ \_\_\_\_\_
- ☐ \_\_\_\_\_
- ☐ \_\_\_\_\_

## QUICK NOTES

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

## WATER TRACKER



## FOCUS TRACKER



## END OF DAY REVIEW

What went well? \_\_\_\_\_

What can be improved? \_\_\_\_\_

Tomorrow I will \_\_\_\_\_

## REMINDER



Consistency is  
the key to success.



Stay Focused • Stay Positive • Keep Growing