



100 SUMMER

ACTIVITIES CHALLENGE

Fun things to do, memories to make! ♥



OUTDOOR ADVENTURES	1 Have a picnic in a park 	2 Fly a kite 	3 Ride a bicycle 	4 Go on a nature walk 	5 Watch a sunset 	6 Watch a sunrise 	7 Visit a beach 	8 Build a sandcastle 	9 Explore a new playground 	10 Go stargazing 
WATER FUN	11 Camp in the backyard 	12 Play frisbee 	13 Jump rope 	14 Play catch 	15 Have a scavenger hunt 	16 Walk barefoot on grass 	17 Visit a botanical garden 	18 Plant a flower 	19 Water plants 	20 Build a fort outdoors 
CREATIVE ACTIVITIES	21 Run through sprinklers 	22 Water balloon games 	23 Wash a bicycle 	24 Have a sponge relay race 	25 Play with water guns 	26 Float toy boats in water 	27 Make ice cube art 	28 Create a mini water park 	29 Have a pool day 	30 Make frozen fruit pops 
LEARNING & READING	31 Paint a summer picture 	32 Draw your dream vacation 	33 Make friendship bracelets 	34 Create a comic strip 	35 Build something with cardboard 	36 Make a paper airplane 	37 Design a treasure map 	38 Decorate a notebook 	39 Create a family photo collage 	40 Learn origami 
BRAIN GAMES	41 Read a book outside 	42 Visit a library 	43 Start a summer journal 	44 Learn 10 new words 	45 Write a short story 	46 Read for 30 minutes 	47 Learn about a new country 	48 Make a reading fort 	49 Write a letter to a friend 	50 Create your own book review 
FOOD FUN	51 Complete a crossword 	52 Solve a Sudoku puzzle 	53 Build a puzzle 	54 Play a memory game 	55 Learn a magic trick 	56 Make a maze 	57 Try a coding activity 	58 Solve a riddle 	59 Play chess 	60 Create a treasure hunt 
ACTIVE CHALLENGES	61 Make lemonade 	62 Create a fruit salad 	63 Decorate cookies 	64 Make a homemade pizza 	65 Try a new fruit 	66 Have an ice cream day 	67 Make a healthy snack 	68 Learn a simple recipe 	69 Create funny sandwiches 	70 Host a mini picnic 
NATURE EXPLORER	71 Do 20 jumping jacks 	72 Go for a long walk 	73 Practice yoga 	74 Dance for 15 minutes 	75 Learn a new sport 	76 Play hopscotch 	77 Have a relay race 	78 Climb safely at a playground 	79 Create an obstacle course 	80 Try balancing challenges 
KINDNESS & FAMILY FUN	81 Collect interesting leaves 	82 Identify three birds 	83 Observe clouds 	84 Listen for nature sounds 	85 Find a butterfly 	86 Grow a seed 	87 Sketch a flower 	88 Track the weather for a week 	89 Find something round in nature 	90 Find something colorful in nature 
91 Help with a household chore 	92 Make a thank-you card 	93 Read to a younger sibling 	94 Call a grandparent 	95 Help prepare dinner 	96 Have a family game night 	97 Tell a joke to someone 	98 Compliment three people 	99 Donate toys or books 	100 Create a summer memory scrapbook 	

MAKE THIS SUMMER UNFORGETTABLE!

HOW MANY CAN YOU CHECK OFF?

MY GOAL:



It's not about doing all the things, it's about enjoying every moment! ♥

